

**St Mary's Catholic Academy, Leek**



**My Mass Book  
Autumn 2020**

**This Mass Book belongs to**

---

## INTRODUCTORY RITES

*We stand.*

*The People of God gather to celebrate Mass. We show the beginning of our sacred action by making the Sign of the Cross which shows we belong to the One God who is Father, Son and Holy Spirit.*

*We say together:*

**The Lord opened the gates of heaven, and rained down manna upon them to eat, and gave them bread from heaven: man ate the bread of angels**

*We make the Sign of the Cross*

**Priest** + In the name of the Father, and of the Son, and of the Holy Spirit.

**People** **Amen.**

**Priest** The Lord be with you.

**People** **And with your Spirit.**

*The priest introduces the Mass and leads the Penitential Act.*

**Priest** You were sent to heal the contrite of heart: Lord, have mercy.

**People** **Lord, have mercy.**

**Priest** You came to call sinners: Christ, have mercy.

**People** **Christ, have mercy.**

**Priest** You are seated at the right hand of the Father to intercede for us:  
Lord, have mercy.

**People** **Lord, have mercy.**

**Priest** May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

**People** **Amen.**

**Priest** Let us pray. O God, who have accomplished the work of human redemption through the Paschal Mystery of your Only Begotten Son, graciously grant that we, who confidently proclaim, under sacramental signs, the Death and Resurrection of Christ, may experience continued increase of your saving grace. Through our Lord Jesus Christ, your Son, who lives and reigns with you in unity of the Holy Spirit, one God, for ever and ever.

**People** **Amen.**

## LITURGY OF THE WORD



*We sit. The People of God listen carefully to the readings from the Bible. We ask the Holy Spirit to open our hearts to God's message. We can decide on how we can live the message of these readings in our lives.*

*We sit for the readings of the Mass as Fr Martin proclaims God's Word.*

*We stand for the Gospel reading.*

**Priest**      The Lord be with you.  
**People**      **And with your Spirit.**  
**Priest**      + A reading from the holy gospel according to N.  
**People**      **Glory to you, O Lord.**

*We listen attentively to the Gospel.*

**Priest**      The Gospel of the Lord.  
**People**      **Praise to you, Lord Jesus Christ.**

*We sit for the Homily.*



*We stand. After the Homily, Fr Martin will use the Bidding Prayers which have been prepared by children at school.*

*At the end of the Bidding Prayers, we honour Our Lady, as we all say together:*  
**Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.**

## LITURGY OF THE EUCHARIST



*We sit.*

*The People of God offer gifts of bread and wine which will become the Body and Blood of Christ.*

*The altar is prepared.*

**Priest** Blessed are you, Lord God, of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

**People** **Blessed be God for ever.**

**Priest** Blessed are you, Lord God, of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

**People** **Blessed be God for ever.**

**Priest** Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God the almighty Father.

**People** **May the Lord accept the sacrifice at your hands for the praise and the glory of his name, for our good and the good of all his holy Church.**

**Priest** Celebrating the memorial of our salvation, we humbly beseech your mercy, O Lord, that this Sacrament of your loving kindness may be for us the sign of unity and the bond of charity. Through Christ our Lord.

**People** **Amen.**

**Priest** The Lord be with you.

**People** **And with your Spirit.**

**Priest** Lift up your hearts.

**People** **We lift them up  
to the Lord.**

**Priest** Let us give thanks to the Lord our God.

**People** **It is right and just.**

**Priest** We thank you, God our Father. You made us to live for you and for each other. We can see and speak to one another, and become friends, and share our joys and sorrows. And so, Father, we gladly thank you with everyone who believes in you; with the Saints and the Angels, we rejoice and praise you, saying:

*We say together:*

**Holy, holy, holy Lord God of hosts. Heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*We kneel.*

**Priest** Yes, Lord, you are holy; you are kind to us and to all. For this we thank you. We thank you above all for your Son, Jesus Christ.

You sent him into this world because people had turned away from you and no longer loved each other. He opened our eyes and hearts to understand that we are brothers and sisters and that you are Father of us all.

He now brings us together to one table and asks us to do what he did.

Father, we ask you to bless these gifts of bread and wine by the power of the Holy Spirit, and make them holy. Change them for us into the Body ✠ and Blood of Jesus Christ, your Son. On the night before he died for us, he had supper for the last time with his disciples. He took bread and gave thanks. He broke the bread and gave it to his friends, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN FOR YOU.

*Bells are rung. We bow to worship Jesus.*

In the same way, he took the Chalice of wine, he gave thanks and handed the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

Then he said to them:

DO THIS IN MEMORY OF ME.

*Bells are rung. We bow to worship Jesus.*

Let us proclaim our faith:

**We proclaim your Death, O Lord, and profess your Resurrection until you come again.**

**Priest** God our Father, we remember with joy all that Jesus did to save us. In this holy sacrifice, which he gave as a gift to his Church, we remember his Death and Resurrection.

Father in heaven, accept us together with your beloved Son. He willingly died for us, but you raised him to life again.

We thank you and say: **Glory to God in the highest.**

Jesus now lives with you glory, but he is also here on earth, among us.

We thank you and say: **Glory to God in the highest.**

One day he will come in glory and in his kingdom  
there will be no more suffering, no more tears, no more sadness.

We thank you and say: **Glory to God in the highest.**

Father in heaven, you have called us to receive the Body and Blood of Christ at his table and to be filled with the joy of the Holy Spirit. Through this meal give us strength to please you more and more.

Lord, our God, remember Francis our Pope, Bernard our Bishop, and all other Bishops. Help all who follow Jesus to work for peace and to bring happiness to others. Bring us at last together with Mary, the Mother of God, and all the Saints to live with you and to be one with Christ in heaven.

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, All glory and honour is yours, for ever and ever.

**People**        **Amen.**

*We stand.*

**Priest**        At the Saviour's command and formed by divine teaching, we dare to say:

**All**            **Our Father, who art in heaven, hallowed by thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.**

**Priest**        Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we wait in the blessed hope and the coming our Saviour, Jesus Christ.

**People**        **For the kingdom, the power and the glory are yours now and for ever.**

**Priest**        Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will, who live and reign for ever and ever.

**People**        **Amen.**

**Priest**        The peace of the Lord be with you always.

**People**        **And with your Spirit.**

*We say together:*

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, grant us peace.**

**Priest**        Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**All**            **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

*We say together:*

**I am the living bread, that came down from heaven, says the Lord. Whoever eats of this bread will live for ever, and the bread that I will give is my flesh for the life of the world.**

**Spiritual Communion**

I wish, Lord, to receive You with the purity, humility and devotion with which Your most Holy Mother received You in the spirit and fervour of all the saints. Amen.

*We sit. During this time of silence, pray for God's blessing on your life, for your family and friends.*

*We stand.*

**Priest** May sharing at the heavenly table sanctify us, Lord, we pray, so that through the Body and Blood of Christ the whole family of believers may be bound together. Through Christ our Lord.

**People** Amen.

**CONCLUDING RITE**

*The People of God now receive a blessing. A blessing is an action which uses words and gestures to ask God to show his kindness to those being blessed.*

*The People of God are sent out as witnesses of God's presence and action in the world.*

**Priest** The Lord be with you.

**People** And with your spirit.

**Priest** May almighty God bless you, the Father, and the Son, + and the Holy Spirit.

**People** Amen.

**Priest** Go and announce the Gospel of the Lord.

**People** Thanks be to God.

## After Mass

At some point during the day, it would be good to remember being at Mass today. You can do this as a class, or with some friends, or by yourself, or at home with your parents and family.

Where was Mass today? Did I join in online?

Did I have a job during Mass? Did I ring the bells? Did I make the responses at Mass? Did I help to write the Bidding Prayers? Did I kneel? Why did I kneel?

What colour vestments was the priest wearing? What does the colour of the vestments mean? What season of the Church's year is it? Was today a special Feast Day?

What did I learn by being at Mass today? What did I learn about God, about Jesus?

What do I want to tell my family and friends about being at Mass today? Did I enjoy it? Was it good? How can I take part in Mass on more occasions?

Is there something which happens at Mass that I don't understand? What is it? Would you like to ask Fr Martin to explain it?

